

*Celebrating Good Flavor*

# Signe's

Heaven Bound Bakery & Cafe



## SERVING DELICIOUS MEMORIES SINCE 1972

Signe's inspired cooking style and technique has been honed from a desire to make dishes clean and flavorful with "hints" of intensity. Our breads and pastries are hand crafted, marinades and sauces have been designed to bring out the flavors and maintain the bright colors of vegetables, beans, and grains in our salads.

Our cakes and pies are all original recipes discovered here, so dig in, save room for dessert and enjoy, our aim is to make friends forever.

Follow us on  and 

# Arise Shine! Anytime Breakfast

All served with our fresh fruit and 8-grain toast.  
Served all day.

<b>Henhouse Special</b> .....	9.95
oven "fried" potatoes with melted cheddar, two poached eggs topped with Canadian bacon pieces	
<b>Barnyard Special</b> .....	10.95
our oven baked country sausage, two poached eggs, on creamy grits, toast and fruit	
<b>Corned Beef Hash Sunrise</b> .....	9.95
start the day out heartily—two poached eggs top our made to order hash, toast and fruit	
<b>Frittatas</b> .....	9.95
our version of an omelette, light but fully satisfying, filled with cheese and veggies; just ask what the frittata of the day is	
<b>Signe's Breakfast Polenta</b> .....	9.95
a classic Italian dish made with a southern twist, sautéed sweet corn, red and green peppers, scallions and Vermont white cheddar	
<b>Whole Wheat Waffles</b> .....	7.95
Signe's full flavored yeast waffles are perfection with plenty of syrup and fruit	
<b>Shrimp and Grits</b> .....	11.95
shrimp & turkey sausage baked with fresh peppers and cheddar, on our creamy grits	
<b>SIGNE'S DEEP DISH FRENCH TOAST</b> .....	10.95
<b>**As seen on the Food Network**</b>	
oven baked with our own French bread, country sausage and fresh fruit... Rachael Ray's Favorite	
Old Fashioned French, Blackberry, Blueberry or try a sample "Trio" plate	

# Just For Kids

<b>Kid's Waffle (with sprinkles)</b> .....	4.75
3 pieces /fresh fruit	
<b>Kid's French Toast</b> .....	4.75
one piece, any kind w/fresh fruit	

Prices may vary based on market prices.

# From The Oven

Our Danish Style pastries are hand rolled in unsalted butter which makes these specialties rich and flaky, our special flavors and fillings are all made here.

<b>Butter Angel Wings</b> .....	3.25
three flavors to choose from: Cinnamon, Lemon Raspberry and Chocolate	
<b>Swedish Butter Buns</b> .....	3.25
filled with cardamom and cinnamon OR cream cheese & marzipan	
<b>Caramel Pecan Sticky Doodads</b> .....	3.50
loaded with nuts and Dulce de Leche	
<b>Butter Crumb Cake Squares</b> .....	3.25
four flavors to choose from: Lemon, Cinnamon, Lemon & Raspberry and Caramel Pecan Crunch	
<b>Muffins</b> .....	3.00
three flavors to choose from: Carrot Wheat Bran Struesel, Blueberry Oatmeal Struesel and Non-Fat Applesauce Cranberry	
<b>Scones</b> .....	3.00
we have six unique flavors; soft inside, each with a touch of fruit: Key lime cream, Blueberry, Turkish Apricot, Blackberry, Cranberry & Chocolate Cherry	

# Special Occasions

Your special events and pop-up occasions need special attention.

Ask for menu suggestions for:

- Bridesmaid Luncheons
- Post wedding brunches
- Fishing & Sailing excursions

Let us lighten your day!

# Cold Sandwiches

<b>Turkey &amp; Cranberry</b> .....	6.99
and watercress	
<b>Our Own House Roasted Beef and Mushroom</b> .....	6.99
watercress and tomato	
<b>Oven-Roasted Turkey Breast and Mushroom</b> .....	6.99
watercress and tomato	
<b>Smoked Ham &amp; Swiss</b> .....	6.99
and sprouts	
<b>Corned Beef &amp; Swiss</b> .....	7.25
and leaf lettuce	
<b>Tuna Salad "Our Way"</b> .....	7.25
sprouts and tomato	
<b>Chicken Salad Tarragon</b> .....	7.25
leaf lettuce and tomato	
<b>Cucumber &amp; Cream Cheese</b> .....	6.25
watercress and tomato	
<b>Monterey Jack &amp; Veggie</b> .....	6.25
mushrooms, tomato, spinach, onion and sprouts	
<b>The New Yorker</b> .....	7.99
corned beef and Swiss cheese, leaf lettuce and cole slaw, served with a pickle and Zapp's chips	

# Hot Sandwiches

Served on our sourdough roll with a kosher pickle and Zapp's chips.

<b>Hot Hob Nobs</b> .....	7.99
<b>Hot Chicken Jack</b> .....	7.99
hot zippy oven-baked chicken tenders, melted Monterey Jack, lettuce, tomato and honey mustard dressing	
<b>Hot Popeye</b> .....	7.99
cream cheese, spinach, mushrooms, tomato, onion and Monterey Jack cheese	
<b>Hot Charlie</b> .....	7.99
zippy Cajun-spiced tuna, Monterey Jack cheese, tomato and leaf lettuce	
<b>Hot Buick</b> .....	7.99
hot and heavy, gooey Monterey Jack and provolone cheese, onion and tomato	
<b>Hot Reuben</b> .....	7.99
(this is not to forget) lean top round corned beef, Swiss cheese, sauerkraut and Dijon mayonnaise	
<b>Hot Nancy Nob</b> .....	7.99
turkey breast, Monterey Jack, onion, tomato and a splash of Signe's vinaigrette	

# Cold Hob Nobs

Our Signe's Subs

Own sourdough version with provolone cheese, tomato, leaf lettuce, Dijon mayonnaise and your choice of meat.

**House Roasted Beef, Smoked Ham or Turkey Breast** .....

6.75

# Kid's Stuff

<b>Chicken Jill Salad</b> .....	5.75
baked chicken fritters on plain lettuce, honey mustard on the side, fresh fruit cup	
<b>Peanut Butter and Jelly</b> .....	4.75
on French bread with fresh fruit cup	
<b>Oven "Grilled" Cheese</b> .....	5.00
mild cheddar on French bread w/fresh fruit cup	
<b>Mac &amp; Cheese</b> .....	5.50
a bowl of macaroni with mild creamy cheddar, green salad or fruit	
Remember, any of the salads in the case can be weighed into small cups, any amount, Just ask!	
<b>Chocolate Milk, Pink Lemonade</b> .....	2.00

Save room for cookies!

# Signe's Goes To THE BEACH

You throw in the bathing suit, we'll throw in... The cold sandwich of your choice, a cup of pasta or fruit, soda, Zapp's potato chips and a big, fat Signe's cookie...\$12

This works great for the trip home — road, rail or air.

There will be a 10% service charge on parties of 6 or more. Prices may vary based on market prices.

# Signe's Salads

- Our Famous Super Salad!** ..... 9.50  
choose chicken tarragon or tuna salad, and three selections from our salad case, on a bed of mixed greens and today's bread
- Chicken Jack Salad** ..... 9.95  
hot zippy oven-baked chicken tenders and honey mustard dressing on a bed of mixed greens and veggies
- Hi Pro Power Salad** ..... 9.95  
chicken, tuna, turkey breast or roast beef on a combination of low carb veggies, peppers, watercress, sprouts
- All American Veggie Plate** ..... 8.95  
a large selection of fresh greens and crisp veggies and a sampling of two prepared vegetable salads
- Spinach Salad** ..... 8.50  
fresh baby spinach, tomatoes, mushrooms, imported Swiss cheese, bacon and hard cooked egg wedges
- Fresh Garden** ..... 6.50  
crisp greens, tomatoes, cucumbers, mushrooms, peas and carrots, our vinaigrette, crackers
- Hi Pro Roasted Salmon** ..... 11.95  
our tangy roasted salmon on low carb veggies, hard cooked egg, watercress and sprouts

# House Specials

Served with our fresh green salad and bread.

- Today's Quiche** ..... 8.95  
either quiche Lorraine or a vegetable choice
- Stuffed Spuds** ..... 7.95  
an old favorite at Signe's, oven baked, piled high with sour cream and cheddar cheese
- Tomato Tart** ..... 8.75  
Roma tomatoes baked on top of Swiss cheese, basil, scallions, and a touch of Dijon Mustard, on a buttery cornmeal crust
- Crab Cake Tart** ..... 11.95  
delicate lump and claw crab meat, deviled crab in a buttery crust
- Spanikopita Pie** ..... 9.95  
fresh spinach, mushrooms, scallions and feta baked in our tender crust, Zorba's favorite
- Shrimp & Grits** ..... 11.95  
sautéed shrimp and sausage, on creamy grits and our own tomato salsa, definitely a Lowcountry specialty
- Polenta** ..... 9.95  
our Southern twist version with sautéed corn & sweet peppers, Scallions & cheddar, served w/fresh green salad

Prices may vary based on market prices.

# Hot and Cold Drinks

- Our Coffee** ..... 2.00  
Is blended and roasted for us and we make it strong.
- Our Iced Tea** ..... 2.00  
We make our iced tea from Earl Grey daily.
- Our Lemonade** ..... 2.00  
Is a good-quality frozen, splashed with cranberry to "pink" it up.

Refills on coffee, tea and lemonade are our pleasure.

- Bottled drinks** ..... 2.00  
Soft drinks, juices, milk and chocolate milk.
- Hot Chocolate** . . . . . 3.25
- Iced Coffee Large** . . . . . 2.50
- Iced Cappuccino** . . . . . 3.45
- Cappuccino** . . . . . 3.00
- Café Latte** . . . . . 3.25
- Mochaccino** . . . . . 3.25
- Italian Espresso** . . . . . 2.50

# Take Home Menu

- Whole Frittatas** ..... 32.95
- Stuffed Spuds** ..... (each) 4.50
- Tomato Tart** ..... 18.95  
great for appetizers, or, for dinner
- Crab Cake Tart** ..... (serves 8-10) 35.00
- Spanikopita Pie** ..... (serves 8-10) 35.00
- Quiche of the Day** ..... 18.95
- Salads** All of our salads can be prepared for large quantities.
- Soups** Soups of the season by the quart.
- Key Lime Bread Pudding** ..... (for a crowd) 35.00

# Signe's Yummy Desserts

**Knocked-out Bread Pudding** .....3.75  
Key Lime, we're famous for this one... made from key limes, rich and custardy. Chocolate Or Blueberry Crumb.

**Have a Cookie** .....1.25  
Baked all day, 11 different kinds.

**All American Brownies** .....2.50  
Crunchy, chunky or Rich creamy smooth, it's a chocolate choice.

## Signe's Does Cup Cakes

**Soft Buttermilk Cup Cakes** .....3.50  
with fluffy butter frosting

**Red Velvet Cup Cakes** .....3.50

**Mud Daubers** .....4.25  
the richest chocolate cup cake, thick chocolate sour cream frosting, candied pecans, covered with milk chocolate ganache, dare you to finish one

## Signe's Pie Town by the slice

**Chocolate Pecan Pie** .....3.25  
This is the original Signe's pie...since 1973.

**Fudge "Snickers" Pie** .....3.25  
Thick brownie bottom, caramel, peanuts and chocolate chips. So satisfying!

**Signe's Key Lime** .....3.25  
Simply the Island's best!

**Fudge Raspberry Cream Cheese** .....3.25  
Fudge chocolate bottom swirled with red raspberry, cream cheese top, laced in truffle cream.

**Just Georgia Pecan** .....3.25  
The best Georgia pecans, always the best.

**Double Chocolate Pecan Fudge** .....3.25  
Rich chocolate fudge, pecans and chocolate chips.

**"Nutella" Brownie Pie** .....3.25  
Where hazelnuts and chocolate meet in a pie, filled with caramel. Memories are made of this.

## Sweets Trays

**Small** .....35.00

**Large** .....45.00

We create sweets trays all year long for different sized groups. Mixed brownies, lemon squares, cookies, pound cakes, etc. They're a hit wherever you take'em.

**Signe's Cheesecakes** .....2.95/slice

**Black or White or Old-Fashioned Cream Cheese**  
Brownie bottom and topped with chocolate glaze OR creamy smooth in a graham cracker crust.

Prices may vary based on market prices.

**Signe's Cake Shop** .....3.50/slice

"A great many things can be resolved with kindness, even more with laughter, but there are some things that just require cake."

Ask about today's special cake.

**Our Famous Pound Cake** ....2.00/slice

## Signe's Key Lime

Sweet and tart, by far the most requested, shipped nationwide.

## Chocolate Sour Cream

Fudge chocolate, baby chips and sour cream. Chocolate richness at its best!

## Pecan Praline

Pralines and toasted pecans in every bite.

## Thunder & Lightning

The lemon "lightning" of this new pound cake explodes with "thunder" of dark chocolate pieces!

## Cappuccino Chip

Creamy coffee in a rich cake, jolted with dark chocolate chunks.

What's a wedding without a few Tiers?

Classic, elegant and just for you. By appointment.



## View Signe's Wedding Cakes

[www.signesbakery.com/General/WeddingCakes.aspx](http://www.signesbakery.com/General/WeddingCakes.aspx)

Voted "Best of Wedding Cakes in the Southeast"

The Knot 2008 • 2009 • 2010

"Signe's Bakery makes some of the finest wedding cakes in the Southeast"

Destination Wedding Magazine

*Celebrating Good Flavor*

# Signe's



SERVING DELICIOUS  
MEMORIES SINCE 1972

---

**Signe's Blackberry French Toast was featured on "The Rachael Ray Show"**

The Food Network, as Rachael's favorite breakfast item

**"Signe's Cafe is a restaurant with food that is as healthful  
as the climate and activities of Hilton Head."**

New York Times

**"Signe's sandwiches and cookies are an event, one that won't soon be forgotten.  
Her banana nut bread and blueberry muffins are standouts."**

Bon Appetit

**"And speaking of sweets, the chocolate chips and pastries at  
Signe's World are very good!"**

Travel & Leisure Magazine

---

March 1 - November 30: Mon-Fri 8am-4pm • Sat-Sun 8am-2pm

December 1 - February 28: CLOSED SUNDAYS

Mon-Fri 8am-3pm • Sat 8am-2pm

Call: 843-785-9118 • Toll Free: 1-866-807-4463

[www.signesbakery.com](http://www.signesbakery.com)

Follow us on  and 